Omer

Ref: Sefer Zeraim, Hilchot Bikurim, Chapter 6

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OMER
1 omer
                                1.8 kav
                                4 log
1 kav
1 log
                                4 reviit
                 =
                                volume of cube 2 etzba x 2 x 2.7
Therefore 1 omer =
                                10 etzba x 10 x 3 1/9 (approx.)
Or
                                6 % x 6 % x 6 %
         1 omer =
Or
                                volume of 43 1/5 betzah
         1 omer =
                                weight of 86 3/3 sela of Egypt wheat
Or
         1 omer =
                                weight of 520 zuz of Egyptian zuz (current in the days of
Or
         1 omer =
Rambam)
This is equal to weight of 3 pound 10 ounces but one should be strict and separate from 2
pounds 10.1 ounces.
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Reminder:

Pack on Weights and Measures

The *omer* measure can be made up by a combination of the 5 species of grain.