

## Brachot factors

Ref: *Sefer Ahavah, Hilchot Brachot, Chapter 1*

### Reminder

Pack on Weights and Measures (See Appendix)



 One must bless *Hashem* after eating (*Birkat Hamazon*).<sup>1</sup>

*Mitzvah* (commandment) applies to eating *bread* and a meal to satiation.



Derabanan

Blessing over benefit

- To recite blessings also before eating any food
- The amount of bread that must be eaten for *Birkat Hamazon* is **1 kezayit**
- To bless after eating or drinking (at least **1 kezayit** or **1 reviit**)
- To bless before smelling pleasant fragrance

Blessings before a *mitzvah*

Blessings of praise and thanks

In this way, we will constantly remember Hashem.

### Reminder

Pack on Food



	Fulfils obligation	Explanation
Can be recited in any language (official translation)	✓	
Changes text of blessing but mentions Name of Hashem, His sovereignty and Subject of blessing	✓	
Verbalises blessing or even recites in his heart	✓	
Person ritually impure and says blessing	✓	
Recites while naked	×	Applies only to men
Repeats a blessing for the sake of others	✓	But not for blessings over benefits which are not associated with a <i>mitzvah</i>
Listens to entire blessing of someone else	✓	Yotzei even if he does not say <i>amein</i>

Answers amen to blessing of another Jew (even if he was not obligated in that blessing)		Even if he does not hear the whole blessing
Recites blessing which is not necessary	✘	Forbidden
Teach children blessings using full text even if recited in vain		Allowed
Recites blessing over forbidden food	✘	